# Chondroblastoma of the Sphenoid Bone

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## **SUMMARY**

Introduction: Chondroblastoma is an uncommon cartilaginous benign neoplasm, highly destructive, which specifically

appears in the epiphysis of long bones in young patients. Its occurrence is extremely rare in the cranial

base, normally occurring in the temporal bone.

Objective: To describe a rare case in a patient presenting with a sphenoid bone chondroblastoma that invaded

the middle cranial cavity, submitted to a successful surgical resection, without recurrence after 2 years.

Case Report: W.J.S, 37 years old, male, forwarded to the otorhinolaryngology service with persistent and strong

otalgia for 3 months. He had normal otoscopy and without visible tumorations. The computerized tomography confirmed tumor mass in the left infra-temporal cavity, invading the middle cranial cavity. The biopsy suggested giant cells tumor. After wide resection by frontal approach via orbitozygomatic osteotomy. During the surgery, we confirmed tomographic statements and didn't find temporal bone involvement. The histopathological exam confirmed chondroblastoma. After 18 months after the surgery, he doesn't present with complaints, without motor, sensitive deficits or of cranial nerves and without

recurrence tomographic signals.

**Conclusion:** The importance of differential diagnosis of chondroblastoma is remarkable in the cranial base lesions

and its therapeutic approach, whose objective must always be the major possible resection with the

maximum function conservation.

**Keywords:** cranial base, cranial base neoplasms, chondroblastoma, sphenoid bone.

## INTRODUCTION

The cranial base tumors are uncommon lesions that are not systematically reported in the medical literature. Therefore, it's difficult to evaluate its actual incidence and consequences on the general population's health. Chondroblastoma is an uncommon highly destructive cartilaginous benignant neoplasm, that appear specifically in the long bones epiphysis in young patients (1). Its occurrence is extremely rare in the cranial base, and normally affects the temporal bone (2,3).

We described an uncommon case of a patient presenting with sphenoid bone chondroblastoma that invaded the middle cavity, and was submitted to a successful surgical resection without recurrence after 18 months.

## CASE REPORT

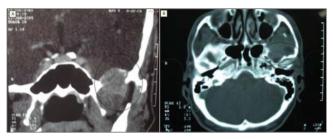
W.J.S, 37 years old, male, leucodermic, with persistent and strong otalgia for about 3 months. He presented with normal otoscopy, without visible tumorations, with moderate pain at buccal opening. The (CT) computerized tomography confirmed tumor mass in the left infra-temporal cavity, invading the middle cerebral cavity (Picture 1). We carried out intra-oral incision biopsy in the left upper gengivolabial groove, whose histological analysis suggested giant cells tumor.

He was then submitted to micro-surgical resection by frontal approach via orbitozygomatic osteotomy. During the surgery, tomographic statements were confirmed, and no involvement with the temporal bone was found. Wide surgical resection carried out. There were no complications. He was discharged on the 5th postoperative day. The histopathological exam confirmed chondroblastoma (Picture 2).

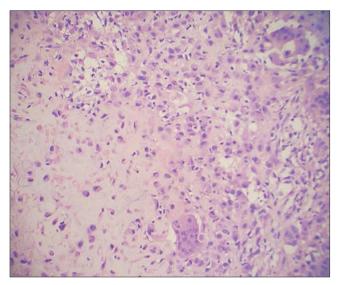
The patient remains under service follow-up, with quarterly checks and six-monthly CT. After 2 years from surgery, he does not present any complaints, without motor, sensitive or cranial nerves losses, and without recurrence signs in the CT.

## DISCUSSION

The chondroblastomas represent less than 1% of all primary bone tumors. They consist of chondroblasts that are epiphyseal primitive, round or oval cells that contain a dense eosinophilic cytoplasm. The cellular areas are surrounded by variable amounts of dense eosinophilic matrix and may contain calcifications. Mitotic figures and



**Picture 1.** Computerized tomography, coronal (A) and axial (B) cuts, presenting tumor mass in the left infra-temporal cavity, invading middle cerebral cavity, without commitment of the temporal bone (circle).



Picture 2. Histological cut confirming chondroblastoma diagnosis (hematoxylin-eosin, 200X).

cellular atypias are uncommon. The cystic alterations may simulate aneurismatic osseum cysts (1).

In 1931, Codman (4) ranked it as a chondromatous variant of giant cells tumor when he described these lesions in the proximal humerus. One decade after, Jaffe and Lichtenstein (5) renamed it as chondroblastoma to emphasize the lesion chondroblastic origin and to distinguish it from the classical giants cells tumor.

In long bones, it occurs more commonly between 10 and 30 years old, in a male:female ratio of 2-3:1. There may occur pathologic fractures and, rarely, malignant transformation. Without surgical excision, the tumor may expand to adjacent tissues and metastasize into distant organs. In this region, there is a recurrence of approximately 10% of the cases after surgical removal, the choice treatment (6).

In the cranial base 63 cases were so far described in the temporal bone and 8 in the mandibular condyle (3,4).

No description of its occurrence was found isolated in the sphenoid bone.

Indications for surgical removal of tumors from the cranial base has been evolving. Symptoms and live expectation of the patient, the disease natural history and the structures involved by the tumor must be considered during the therapeutic decision. In the case of chondroblastoma of the cranial base, there are only a few pieces of information on therapy and prognosis. In the temporal bone, we suggest that a wide surgical resection promotes a lower recurrence rate (3,4). In this case, we opted for a wide resection since the tumor did not invade important structures such as temporal bone, temporal-mandibular joint and internal carotid artery.

## **C**ONCLUSIONS

We described an uncommon case of sphenoid bone chondroblastoma that occupied the infratemporal and middle cerebral cavities. The patient was submitted to wide surgical resection, without recurrence after 2 years.

We remark the importance of the chondroblastoma differential diagnosis, as well as its therapeutic approach, is remarkable in the cranial base lesions, whose objective must always be as wide a resection as possible with the maximal function conservation.

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